

Build Bonds, Give Back: Corporate Volunteering Starts Here

Corporate volunteerism strengthens communities and showcases an organization's values while boosting employee morale and teamwork. By dedicating time and resources, employees can make a significant positive impact on the community. **Volunteer with us!**

Days of Action: [United Way's Days of Action](#) are community-wide volunteer opportunities. Each year, thousands of volunteers come together to support our work and improve the lives of our most vulnerable neighbors.

Volunteer Opportunity Calendar: Hands On's volunteer [calendar](#) makes it easy to find service opportunities managed by our 160 nonprofit partners. Looking for opportunities that allow for more flexible scheduling or for volunteers to serve at an agency? Check out [flexible and long-term opportunities](#) and [virtual volunteering options](#).

Custom Volunteer Projects (Fee-Based): Our volunteer project managers handle all aspects of planning and project management, including project supplies, registration, leadership, photos, and a satisfaction survey – all tailored to your team's schedule and size! These event-planning expenses allow volunteers to arrive at their project site with tasks assigned, and with the tools and materials needed to enjoy a productive day of service.

Kit Projects (Fee-Based): We offer projects suitable for spaces of all size – whether it's the office or conference center. We will provide all supplies and manage event setup and teardown.

Choose a Group Project from our Calendar: We make it easy to volunteer as a group by providing connections to [volunteer opportunities for teams](#) of all sizes.

Volunteering Informational Session: The session is an overview on why it's important to volunteer, how to create a volunteer account and sign up for volunteer projects, and what to expect at a volunteer project. We can also customize the content specifically for your team.

Disaster Volunteer Leader training with your team: When disaster strikes, Hands On partners with the city of Nashville to provide volunteers for cleanup and community support. We rely on trained Disaster Volunteer Leaders to coordinate these efforts, extending the reach of our staff to make our disaster response as effective and efficient as possible.

United Way Ongoing Opportunities: [Read, Baby Read!](#) volunteers read to infants and toddlers at various sites throughout Nashville on a weekly basis. Each year, United Way recruits volunteers to provide free tax preparation for low- to moderate-income taxpayers as part of the [Volunteer Income Tax Assistance \(VITA\)](#) free tax prep program. [Raise Your Hand](#) recruits volunteer tutors for students performing below the state standard.

Organize a Donation Drive for one of our Partners: While we don't accept material donations, [many of our partners do!](#)

